



Early Years Mapping to
DfE Development Matters & Statutory framework for the Early Years foundation stage.

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We have used the following key sources to compile this document:

- Department of Education Development Matters: Non-Statutory Curriculum guidance for the Early Years foundation stage. Published September 2020, Revised July 2021.
- Department for Education's Statutory framework for the Early Years Foundation Stage
Published: 31 March 2021, Effective: 1 September 2021.



EYFS

Mapping



Early Years mapping

myHappyMind is focused on developing children's confidence, resilience and mental wellbeing and fits perfectly with the Statutory PSED Educational Programme. It is highly aligned with the PSED statements from Development matters and ELG's. The programme also gives children the skills to be effective learners and fits with the 3 Characteristics of Effective Learning.

myHappyMind is highly aligned to the PSED Education Programme below:

Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary.

Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.

myHappyMind also considers the importance of story telling and play during this phase and many of the resources are introduced in this way as a result.



myHappyMind mapping to Development Matters - PSED

Children in Nursery will be learning to:

- **Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. (Engage)**
- Develop their sense of responsibility and membership of a community.
- **Become more outgoing with unfamiliar people, in the safe context of their setting. (Celebrate, Relate)**
- **Show more confidence in new social situations. (Celebrate, Relate)**
- **Play with one or more other children, extending and elaborating play ideas. (Celebrate, Relate, Engage)**
- **Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas. (Celebrate, Relate)**
- **Increasingly follow rules, understanding why they are important. (Relate)**
- Remember rules without needing an adult to remind them.
- Develop appropriate ways of being assertive.
- **Talk with others to solve conflicts. (Relate)**
- **Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. (Meet your Brain)**
- **Understand gradually how others might be feeling. (Meet your Brain, Relate)**
- Be increasingly independent in meeting their own care needs, e.g., brushing teeth, using the toilet, washing and drying their hands thoroughly.
- Make healthy choices about food, drink, activity and toothbrushing.

Children in Reception will be learning to:

- See themselves as a valuable individual. (Celebrate)**
- Build constructive and respectful relationships. (Relate)**
- Express their feelings and consider the feelings of others. (Meet your Brain, Relate)**
- Show resilience and perseverance in the face of challenge. (Engage)**
- Identify and moderate their own feelings socially and emotionally. (Meet your Brain)**
- Think about the perspectives of others. (Relate)**
- Manage their own needs: Personal hygiene.
- Know and talk about the different factors that support their overall health and wellbeing:
 - regular physical activity.
 - healthy eating.
 - toothbrushing.
 - sensible amounts of 'screen time'.
 - having a good sleep routine.
 - being a safe pedestrian.

myHappyMind mapping to Early Learning Goals - PSED

Self-Regulation ELG Children at the expected level of development will:

- **Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;** - Meet Your Brain
- **Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;** - Engage
- **Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.** - Relate

Managing Self ELG Children at the expected level of development will:

- **Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;** - Engage
- **Explain the reasons for rules, know right from wrong and try to behave accordingly;** - Relate
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Building Relationships ELG Children at the expected level of development will:

- **Work and play cooperatively and take turns with others;** - Relate, Meet Your Brain
- **Form positive attachments to adults and friendships with peers;** - Relate
- **Show sensitivity to their own and to others' needs.** - Meet Your Brain, Relate

Characteristics of Learning

The Characteristics of Effective Learning describe behaviours children use in order to learn. To learn well, children must approach opportunities with curiosity, energy and enthusiasm. Effective learning must be meaningful to a child, so that they are able to use what they have learned and apply it in new situations. These abilities and attitudes of strong learners will support them to learn well and make good progress in all the Areas of Learning and Development.

Playing and exploring

- **Finding out and exploring.**
- **Playing with what they know.**
- **Being willing to have a go.**

Active learning

- **Being involved and concentrating.**
- **Keeping trying.**
- **Enjoying achieving what they set out to do.**

Creating and thinking critically

- **Having their own ideas.**
- **Making links.**
- **Choosing ways to do things.**

myHappyMind also considers the importance of story telling and play during this phase and many of the resources are introduced in this way as a result. Staff are encouraged to use the language and concepts when children are following their interests and encourage them to use what they have learned during the myHappyMind sessions in their play.

QUESTIONS?

As always, if you have any questions please
don't hesitate to contact us at
hello@myHappyMind.org

