

Year 3 Autumn 1 PSHE Information Leaflet

Respecting Ourselves and Others; Families and Friendships

In Year 3 during Autumn 1, we will be learning about the importance of rules. We will learn about the importance of respecting ourselves and others including recognising respectful behaviour; the importance of self-respect; courtesy and being polite. We will also learn about what makes a family; features of family life and how to make and keep friends in the classroom.

Pupils will create rules for the classroom.

To know the importance of being polite to others

To know how to be polite to others

The difference between rewards and consequences.

Pupils can explain the importance of respecting others.

To give examples of ways to show respect, including online.

To consider the outcomes of scenarios if I didn't show respect or treat others kindly.

Pupil will begin to understand self-respect.

To identify positive attributes in my peers

To identify positive attributes that make me who I am

To understand that having respect for myself will help me make good choices.

Pupil will explain how to make and keep friends.

To explain why we need new friends.

To suggest different ways we can make new friends.

To describe ways to treat my friends to ensure we stay friends.

Pupils will describe a diverse society and talk about why it is important.

To identify ways to show respect to others.

To discuss why showing respect and being tolerant is important.

To explain what discrimination is, can describe behaviour which is prejudiced and know what to do if I see it happening.

Pupils understand that there are many different types of relationships and families.

To identify and describe different relationships, different families and different family members.

To understand and use terms such as gay, lesbian, single-parent, fostered, adopted, married and civil partnership.

To identify elements of a healthy, loving relationship.

Key vocabulary: Rules, manners, polite, rewards, consequences, respect, share, take turns, respect, kindness, kindly, important, care, thought, consideration, interests, friends, family, actions, friendship, self-respect, self-esteem, self-worth, pride, skills, qualities, values, achievements, friendship, interests, hobbies, loyal, self-preservation, honest, anonymous, complimenting similarity, difference, tolerance, religious, ethnic, national, regional, United Kingdom, diverse, diversity, society, discrimination, prejudice, celebrate, kindness parents, grandparents, offspring, siblings, brother, sister, relatives, aunt, uncle, cousin, gay, lesbian, same-sex, single-parent, fostered, adopted, orphaned, married, civil partnership, step, half, blended family, commitment, gender, identity

Further information for parents:

<https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/>

<https://www.twinkl.co.uk/blog/helping-your-child-to-develop-positive-friendships>

<https://www.pshe-association.org.uk/pshe-education-guide-parents>

Statutory Guidance Links:

Topic: Families and people who care for me

- that families are important for children growing up because they can give love, security and stability.
- the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.
- that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.
- that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up
- how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed.

Topic Caring Friendships

- how important friendships are in making us feel happy and secure, and how people choose and make friends.
- the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.
- that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.
- how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.

Topic: Respectful Relationships

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.
- practical steps they can take in a range of different contexts to improve or support respectful relationships.
- the conventions of courtesy and manners
- that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.

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Respecting Ourselves and Others; Families and Friendships

Below are some examples of resources that will be used within the lessons:

Respecting Our VIPs



Create a list below of the different ways you can show your VIPs that you respect them. Include examples where appropriate.

Idea	Example
1.	1.
2.	2.

Celebrating Diversity

D
I
V
E
R
S
I
T
Y



Different Relationships



What relationships can you see here?



Ways to Show Respect

using good manners

considering our tone of voice

tidying up our own mess

comforting others when they are sad

being polite

being willing to change our mind

spending time together

supporting others' interests

respecting others' privacy

listening to others

being encouraging

offering to help

having clear boundaries

